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**Below are resources for staff who may feel impacted by the tabletop simulation exercise on March 20 and need support services.**

**Magellan Health Services** will provide EAP services for all employees and their families. Enrollment in a medical plan is not required for this service. This program is available to Everett Public Schools employees and their families. Easy to find, confidential assistance is available every hour of every day. If after speaking with one of the Magellan clinicians an employee decides that they would benefit from seeing a counselor face-to-face, they will receive a referral to a provider in their area for up to five face-to-face appointments. Employees will be encouraged to make an appointment right away to get the needed support.

Employees can access information online at Magellan Health Services' website at [www.magellanassist.com](http://www.magellanassist.com). They offer information on hundreds of health and wellness topics, including:

- Adjusting to change
- Alcohol or drug dependencies
- Child or elder care
- Family or parenting issues
- Grief
- Marital or relationship issues
- Pre- and post-natal concerns
- Self-improvement
- Stress
- Work/life balance

Employees can also contact Magellan Health Services by phone at 1-800-523-5668 to speak confidentially with a trained, compassionate professional.

**Volunteers of America 24 Hour Crisis Line** offers emotional support and crisis intervention to individuals in crisis or considering suicide. In addition to the 24 Hour Crisis Line (1-800-584-3578), they also offer crisis services through Care Crisis Chat. Their chat service offers an outlet for people that prefer communication online rather than by telephone.

**Victim Support Services** (formerly Families & Friends of Violent Crime Victims) is a non-profit agency based in Washington State. The main office is in Snohomish County (1-800-346-7555), with satellite offices located in Island, King, Skagit, and Whatcom Counties. They provide direct services to survivors of arson, assault, attempted homicide, burglary, drunk & drugged driving, hate & bias crimes, home invasion, homicide, human trafficking, identity theft, missing persons, and robbery.

**For staff who may have been impacted by the Marysville-Pilchuck incident:**

This link <http://victimsupportservices.org/mtunited/> talks more specifically about the organizations' work with Marysville-Pilchuck High School

If they need any more information staff can visit the Marysville School District website <http://www.msvl.k12.wa.us/parents> or call (360) 653-7058.